

Winging It

with Dr. Cat



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2. **JUICY QUOTES & FUN FACTS:** Thoughts to make you go hmmm....

1. **WHAT'S HOT?**

THE BIRTH OF "SHADOW AND LIGHT: IMAGES OF CHANGE AND TRANSFORMATION FOR WOMEN IN RECOVERY"

A personal note from Cat: Today, May 11, 2006, is the 23rd anniversary of the first of 1300 daily drawings I did during a tumultuous period of my life from 1983-1987. To read the story behind the drawings and view the 64 images that were selected to give away as an act of service to all, please visit <<http://dr.cat.org/imagesforwomen/index.html>>.

2. **JUICY QUOTES & FUN FACTS**

THOUGHTS TO MAKE YOU GO HMMM....

"I learned to trust my obsessions. It is surely a great calamity for a human being to have no obsessions."

--Robert Bly

"The artist never finishes his work. He only abandons it." --Chuck Jones

"I paint not by sight but by faith. Faith gives you sight." --Amos Ferguson

"When we lose a sense of beauty, our souls die of starvation." --Satish Kumar

"Sometimes a cigar is just a cigar." --Sigmund Freud

"Suppose someone were to say, 'Imagine this butterfly exactly as it is, but ugly instead of beautiful.'"

--Ludwig Wittgenstein

Dr. Cat's motto:

"When in doubt, wing it!"

"Every child is an artist. The problem is how to remain an artist once she grows up." --**Pablo Picasso**

Postscripts from Dr. Cat

Spread the word! Feel free to forward this newsletter to your friends, family, and colleagues. Or give them my e-mail address and let them sign up to receive their own copy straight from the horse's mouth.

Want a hard copy? You're welcome to print out this newsletter to read and/or share with friends in hard copy.
Note: To see the logo and my mug shot, you must be online when you view or print this newsletter.

Does this newsletter look weird to you? If you have any technical difficulties viewing this newsletter (e.g., inconsistent or oversized fonts, goofed-up graphics, text that runs off the page, or strange apparitions in the margins), please let me know what kind of computer, operating system, and e-mail program you're using, so I can work to make this newsletter more universally accessible. Thanks!

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Comments? Feel free to contact me anytime at support@drcat.org. Who knows? Maybe something you share will show up (with your permission, of course) in a future issue of **"Winging It with Dr. Cat."**

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